

Ysgol Bod Alaw, Abergele Road, Colwyn Bay, Conwy, LL29 7ST 01492 530420 | swyddfa@bodalaw.conwy.sch.uk | www.ysgolbodalaw.org | @Ysgolbodalaw Pennaeth: Mr Dafydd Rhys | Dirprwy Bennaeth: Mrs Elin V Hutchinson / Mrs Sam Kendall

Dear Family,

We are currently trying to adapt our Forest School area to give all children the best possible opportunities and experiences.

Forest School is a child-centred inspirational learning process, that offers opportunities for holistic growth through regular sessions. It is a long-term program that supports play, exploration and supported risk taking. It also develops confidence and self-esteem through learner inspired, hands-on experiences in a natural setting.

To enable us to complete these sessions successfully, we would be very grateful to any parents, cares, friends and family who would be willing to volunteer and help us clear, tidy, paint and plant in our Forest School and other areas around the school.

We will be inviting volunteers to **join us on Tuesday, 14<sup>th</sup> of November from 2-4.30pm.** If the weather is against us e.g. rain, strong winds, then we will have to postpone the session.

If you would like to give us a helping hand, please let us know through a SeeSaw message, phone call or email . If possible, please bring gardening tools with you, for example gardening gloves, loppers, secateurs etc.

We will have things like paint, paint brushes, compost, flowers etc but if you have some spares at home, you are more than welcome to bring them in as well!

We'll have cold drinks, tea/coffee and some snacks to keep you going throughout the afternoon!

Thank you for your time,

Mrs Williams Forest School Leader